Slow Whistle Technique

- When non-possession/defensive team (Team B) commits foul, official will throw flag in the air and yell out loud: "Flag Down!"
- If Team A has/maintains possession allow play to continue until

Remember 'A GOODIE', as in 'that's a goodie, that ends the play'

- 1. Advance: Fails to advance ball into the box (10 –second count) or advance the ball over midline on a clear (20-second timing rule)
- 2. Goal is scored, ball is Grounded (other than a shot)
- 3. Offense commits a foul/fails to advance
- 4. Out of Bounds or Out of box (attack area)
- 5. Defense gains possession
- 6. Injury to any player that requires stoppage in play (not if scoring opportunity is immanent)
- 7. End of Period or Equipment loss in a scrimmage area

Notes:

- Additional fouls can and may be called during slow whistle
- If it is determined that Team A committed a foul (TF or PF) prior to scoring a goal, disallow goal

Reporting Time Serving Fouls

- 1. **Color** (uniform color of fouling team)
- 2. **Number** (of player that committed foul)
- 3. Foul (Slashing, cross-check, holding, etc.)
- 4. **Amount of time served** (one, two, three, or thirty seconds, non-releasable if applicable)

Example: No. 22 of the blue team commits a slash. Official reports to table:

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"Blue!"
"22!"
"Slashing!"
"1 minute."
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